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NEWS RELEASE

VANCOUVER, BC – October 4, 2022, Tearlach Resources Limited ("Tearlach or the "Company") (TSX-V: TEA.V) is pleased to announce the appointment of Paul Chow and John Bean to the board of Directors.

Mr. Chow has served in the capital markets for more than 20 years providing strategic planning and corporate finance. He has also acted as a senior officer and board member of several private and publicly traded companies in North America. As an entrepreneur, his path has led him across many sectors, including mining, oil and gas, and cannabis. He was a founder and was involved in the IPO of Next Green Wave Holdings Inc. ("Next Green Wave"), a dually listed CSE and OTCQX cannabis company in California. Next Green Wave was acquired by Planet 13 (CSE: PLTH) in 2022 for approximately \$100 million. Mr. Chow was also a founder and CEO of Rock Tech Lithium ("Rock Tech") (TSXV: RCK) which currently trades at a market cap of around \$300 million. He was instrumental in the acquisition of Rock Tech's Georgia Lake asset. Mr. Chow is currently a Director of Genix Pharmaceuticals Corp. (TSXV: GENX), a generic drug company with a division in novel nutraceutical products.

Mr. Bean is an experienced cannabis and real estate sector CFO who provides corporate finance leadership and strategic business development guidance and strengthens corporate governance. Mr. Bean was the CFO of Aurora Cannabis Inc. (TSX: ACB), a Canadian federally licensed producer of medical cannabis, during its first two years as a public company, when it obtained its license to grow, became licensed to sell, and then received customer revenues. Aurora Cannabis grew from a \$100m market capitalization to a multi-billion market capitalization under Mr. Bean's initial financial stewardship. Mr. Bean has served on the boards of General Fusion Inc., SyncWave Energy Inc., TAP Ventures Inc., RSI International, BC Technologies Industry Association, Accenture's CSTaR (Center for Strategic Technology Research) and Bobolink Daycare Society for Deaf Children.

Dieter Schindelhauer has resigned from the Board of Directors. We want to thank him for his many years of service and wish him the best in his future endeavours.

Charles Ross, Director of Tearlach said, "We are excited to have people of Paul and John's calibre join the team. They are excellent analysts and strategic thinkers who will bring great value to the Company."

The Company has granted 1,500,000 stock options to directors and officers exercisable at 60 cents per share for a period of five years, which vest over two years.

About Tearlach

Tearlach is listed on the TSX Venture Exchange under the symbol TEA and is a Canadian-based emerging resource company. Tearlach is excited about its lithium opportunities and intends to focus on acquiring additional properties in the future as it seeks to grow its green energy metal portfolio.

ON BEHALF OF THE BOARD OF DIRECTORS

Charles Ross

Director

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Forward-Looking Statement

This news release may contain certain "forward-looking statements" such as the intention to focus on the exploration and development of lithium properties in the future. Forward-looking statements involve known and unknown risks, uncertainties, assumptions, and other factors that may cause the actual results, performance, or achievements of the Company to be materially different from any future results, performance or achievements expressed or implied by the forward-looking statements. Any forward-looking statement speaks only as of the date of this news release and, except as may be required by applicable securities laws, the Company disclaims any intent or obligation to update any forward-looking statement, whether as a result of new information, future events or results or otherwise.